



1914

2014



Cherokee Park United Church

*Welcoming people of all ages, sexual orientations,
races, and ethnic origins*

A Progressive Congregation
Theological Elbow Room
Global Music
Community Connected
Kid Friendly

Newsletter November 2014

SUN	MON	TUE	WED	THUR	FRI	SAT
26 Children's music 9:15 am	27	28 Doctrine of Discovery 7 pm	29 Choir 6:45pm	30 Faith Life 7 pm	31	1 Nov ASDIC
2 2 a.m. - Move clock back one hour -Families Explore Spirituality 9 am -Foodshelf -Youth activity 3:30 pm	3	4	5 Choir 6:45pm	6 Loaves & Fishes *	7 Women's group 7 pm	8
9 -Sunday School -Inquirers' class 6 pm	10	11	12 Choir 6:45pm	13 Council 7 pm	14	15
16 Sunday School -Inquirers' class 6 pm	17	18 BB Dinner	19 Choir 6:45pm	20	21	22
23 -Children's music 9:15 am -100th Celebration worship & meal -Inquirers' class 6 pm	24	25	26 (NO Choir)	27 Thanksgiving	28	29 Hanging of the greens
30 First Sunday of Advent	1 Dec	2	3 -Choir 6:45pm -Advent intergenerational evening	4	5	6
7 -Families Explore Spirituality Advent 9-10 am - Foodshelf - Faith Action Vigil 2:30-3:00 pm	8	9	10 Choir 6:45pm	11 Council 7 pm	12	13
14 Sunday School						
21 Sunday School & Nativity Gospel				25 Christmas		

Families Exploring Spirituality November 2

This "first Sunday" program for families will focus on contemplative prayer practices, led by Kate Spindler. Silence and awareness puts us in touch with the Divine. Come learn about practical contemplative practices you can do as grown-ups, and fun contemplative ideas for your kids, grandkids, or any special kids in your life. Five or ten minutes a day can change your whole outlook, bring you peace and an ease of being in the world. Teaching your child gentle practices can calm active little bodies and focus attention and energy.



Meditation is not for Zen monks or desert fathers and mothers. Contemplation was created thousands of years before and was created for the householder. Anyone can do it. We hear things like, "I have too many thoughts! I can't sit still. I can't do it." With meditation, the more thoughts you have, the more you have to work with. We hope you'll join us! We meet at 9:00 a.m. in Fellowship Hall, as usual.

(And please remember to move your clocks back one hour when you go to bed Saturday night, or you may have an extra hour of meditation upon arrival.)

All Saints Remembrance Sunday November 2

Our congregation, along with many others, uses the first Sunday of November to remember those special people who have died during the past year. Note cards will be made available during worship so that you can write the name(s) of persons you would like remembered, named and honored.



Youth News

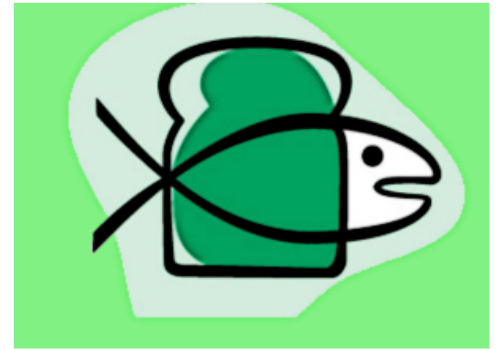
A youth activity is scheduled for Sunday, November 2, at Vertical Endeavors. Last year's event there was a hit so a repeat was requested. We can climb from 3:30-5:30 p.m. and will end with



snacks from 5:30-6:00 p.m. The fee is \$18 per climber; you may contact Pastor Tim if you need help with the expense as there is a youth fund available.

Loaves and Fishes and Toothpaste and Shampoo

Our next Loaves and Fishes ministry takes place Thursday, **November 6**. If you cannot help prepare or serve food, you could also be a part of this ministry by donating to a collection of **personal hygiene products** such as toothpaste and shampoo, including free hotel-size items. See basket in Fellowship Hall marked for Loaves and Fishes. Volunteers needed to help with the meal prep from 3:30 - 5:00 p.m., serving from 4:45 - 6:15 p.m., and/or clean up until 7 p.m. (at the latest). Young people are welcome. Michelle Rehm Johnson



Women's Discussion Group

Please join us on Friday, November 7, at 7:00 at the home of Lynne Bates. The evening will include light refreshments and a discussion topic and time to revisit group discussion norms.



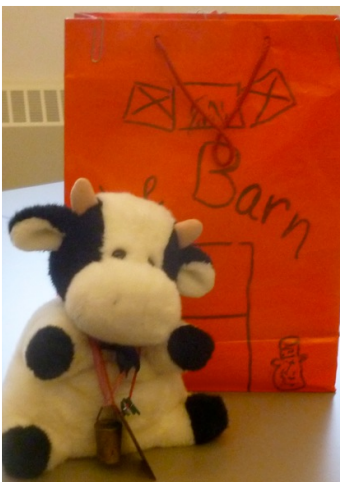
Inquirer's Class

Anyone considering membership or wanting to learn more about the church is invited to an informal gathering on Sundays, November 9, 16, & 23, from 6 – 7:30 p.m. at the church. Information covered includes the two denominations to which we belong, how they differ, how they are the same, the distinctiveness of CPUC, the various ministries and functioning of the church. Please contact Pastor Tim. Child-care can be provided.



Building Blocks Welcome Dinner

The Building Blocks Tutorial is off and running again at Riverview School this year. The program is on Tuesdays and Thursdays and is serving 2nd and 3rd graders with free, volunteer-based after-school tutoring.



BB, the Building Blocks mascot, and the ministry request your help to make the annual Welcome Dinner successful. The dinner for the students, their families, and the tutors is **Tuesday, November 18th** from **5:30 to 7:00** p.m. at the church. Volunteers are needed to set up, prepare and serve food, do clean up, and drive families.

Please contact Jill Jackson, program director any of the Ministry Team members—Lynne Bates, Barb & Glen Herrington-Hall, Jackie Rico, Diane Spicer, and Joanne Sylvander, chair.

Thank you for your continuing support of this unique ministry that serves our community and the future!

100 Years Celebration Sunday

The oldest part of the church building, the north section now containing the parents' room, classroom, kitchen and nursery, was constructed and dedicated as Cherokee Heights Presbyterian Church in 1914, when this congregation went from worshipping in homes to a committed ministry on St. Paul's West Side.



We will celebrate this on **November 23** starting with special music at worship and guest preacher, Rev. Denise Dunbar Perkins, vice-moderator for the Presbytery of the Twin Cities Area. The Fellowship Ministry is organizing a great dinner to follow, and we'll be treated other surprises.

Finance Ministry Update

Members and friends will be mailed a letter with details about the 2015 budget and a pledge form for the coming year. You are requested to return your pledge on **November 23**, our celebration of 100 years of ministry. Also a special offering will be taken and divided between Loaves and Fishes and our 2014 General Fund Balance. It is our hope that we can each dig a little deeper and make a one-time donation to help get 2015 off to a healthy start. **Can you help?**

We anticipate ending 2014 with \$3,000 in our Operating Fund. This reflects a \$5,000 St. Paul Foundation gift, which we would like to keep as a reserve. We are optimistic that we can meet our expected level of income if we receive an extra gift from those that have the financial ability. The Finance Ministry members are all willing and eager to share additional details.

Our blessings: + Donations are generally on track.

+ We received an unexpected \$5,000 gift from the St. Paul Foundation. (Our thanks to Bob Lockwood for this good news.)

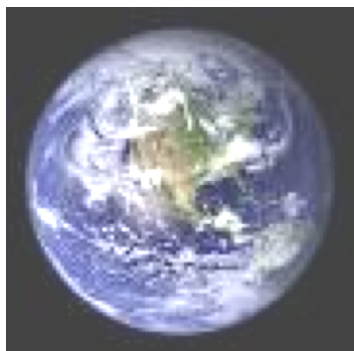
Our challenges: - It is difficult to know where we will be at year-end due to variable giving patterns. December is always our biggest giving month, but it is difficult to forecast the level of giving.

- The past long, cold winter: despite our use of energy efficient products, energy bills exceeded budget.

Tax-savings strategy for giving: If you donate appreciated stock or mutual funds directly to the church, you can receive the full charitable deduction without paying capital gains tax on the appreciation. Several of our members take advantage of this tax strategy thereby stretching their giving dollars. See Lynne Bates or Ingrid Fleming if you would like more information.

There Is No Planet B

Two active groups at the Peoples Climate March, nationally, and in the Twin Cities that are working toward fundamental changes for Climate Care are the Minnesota chapter of Interfaith Power & Light (MNIPL) and local chapters of Citizens Climate Lobby (CCL). Both groups have multiple events and opportunities to participate (without a 24-hour bus ride and a long walk).



CCL: The first Saturday of the month, November 1st, is the national chapter meeting day and conference call. See CitizensClimateLobby.org and CitizensClimateLobby-MN.org has local chapter locations. CCL's annual regional conference is in Des Moines IA at Drake University Friday through Sunday, November 7 - 9 (see website).

MNIPL (www.MNIPL.org) has multiple options for engagement including Communities In Climate Action on Wednesday Nights at Gandhi Mahal restaurant, which donates 10% of the proceeds for each Wednesday as their Carbon tax. Contact Tom Evans for more information.

Hanging of the Greens

Help us prepare the way for the season of Advent on Saturday, November 29, from 9 to 11 a.m. The sanctuary and social hall are adorned with greens and other special decorations. This is a wonderful tradition at CPUC; light refreshments will be served to support our work and celebrate our community together as we start a new church year. Please sign the form in the entry way or social hall if you are able to join us. Contact: Kathy Bergthold, chair of Worship Ministry.

CPUC Members Talk the Talk AND Walk the (Crop) Walk

13 adults and 14 youth met at St. Anthony Park Lutheran Church for the annual CropWalk on October 12, sponsored by Church World Service and the St. Paul Area Council of Churches. Thanks to you, over \$700 was raised to provide on-the-ground emergency relief as well as long-term sustainable development. Twenty-five percent of donations support hunger relief programs in St. Paul.





Fall Clean-up

Many, many thanks to the property management committee and their spouses for their continued dedication, and also many, many thanks to other members and friends of CPUC who offered their time and energy and their October Saturday. And it is always heartwarming to have our young people willing to step in. Here Frances and Kelly team up with an Allen wrench to adjust the height of the Kid's Corner table. If you think the grand piano sounds livelier, that may also be a result of Frances' diligence in dusting and polishing with one of the other church grandparents.

14 volunteers were everywhere—inside and outside, up on ladders and down on their hands and knees, heads up in the kitchen hood and feet down in the boiler room. There are many ways to pray.

Adult Forum

The next book selected by our forum leader, Eric Jacobsen, is *Dare We Speak of Hope? Searching for a Language of Life in Faith and Politics*, by Allan A. Boesak, a South African anti-apartheid leader. Discussion of this eight-part book will start in Advent and continue through December and possibly beyond. The chapter content is described by Eric as, "thick and meaty." (But will not infringe upon anyone's vegetarian commitment and no animals were harmed in the development of this book.)



Ongoing Exhibit

The exhibit of paintings by Carol Strait continues at CPUC until November 23. In her gallery talk on opening night, she shared that most of the paintings she regards as "finger paintings" as she uses oil crayons which she then blends with her fingers; she works in her kitchen where water is available for blending colors and for cleaning her hands, and states that she paints, "Because I have to." You will notice that her paintings are done in series, such as elephants, horses, crows, or all white animals.

This is a great focus easily enjoyed by young children as well as adults, and can be a reminder to care for creation and all animals as we are gifted with their unique beauty.



Cherokee Park United Church

United Church of Christ/Presbyterian Church (U.S.A.)

Open & Affirming, Multicultural, Antiracist

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cpuc@usfamily.net

cherokeeparkunited.org

371 W. Baker Street

St. Paul, MN 55107

Sunday Worship - 10:15 a.m.

Dr. Timothy M. Johnson - Pastor

Ione Boettcher Butler - Organist/Choral Director

Jill Jackson - Building Blocks Tutorial Director

Rebecca Knott - Nursery Supervisor

Andrew Gbaa - Custodian

*There is no passion to be found playing small -
in settling for a life that is less than
the one you are capable of living.*

Nelson Mandela