



Cherokee Park United Church

*Welcoming people of all ages, sexual orientations,
races, and ethnic origins*

A Progressive Congregation
Theological Elbow Room
Global Music
Community Connected
Kid Friendly

Newsletter July 2016

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|--|--------------------|---|-----|-------------------------|------------------|-----------------|
| 26 Welcome, Pastor Joy | 27 | 28 | 29 | 30 | 1 <i>July</i> | 2 |
| 3 -Food Drive -Faith Action Vigil 2:30 pm | 4 | 5 | 6 | 7 Loaves & Fishes | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 Art Event |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 -9:30 am Worship in the park & picnic -Okogyeamon ordination | 1 <i>August</i> | 2 | 3 | 4 | 5 | 6 |
| 7 -Food Drive -Faith Action Vigil 2:30 pm | 8 | 9 Chamber Winds Concert 7:30 pm | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |

Save the date: *Women's Retreat* Oct. 7-8

If anyone is interested in helping plan the retreat with Pastor Joy and Karen Shatek, please call Karen.

Loaves and Fishes

Thursday, July 7

Join us at St. Matthew's Church to provide a hot meal for those in need. Help is needed to prepare (3:30 - 5:00 p.m.), serve (4:45 - 6:15 p.m.), and/or clean up until 7 p.m. (at the latest). Young people are welcome to help. Come for all our part of the service. If you plan to help, please contact Jane Carlstrom.

Gifts and Talents

Your body, mind, and spirits are the lifeblood of Cherokee Park United Church. Our worship, programs, and services all depend upon what your passions and desires contribute. There are solo and group possibilities, short term and longer term needs. The Lay Ministry Team coordinates these commitments, generally for the following year (September through August). If you have questions about an area of ministry that is of particular interest to you, please contact Karolyn Kleingartner, chair, Maria McNamar, Julia Olmstead, Diane Spicer, or Anna Jennerjohn..

A Gifts and Talent's Interest form has been emailed, and there are forms available in the church entryway. Please fill one out and email, mail it or bring to church.



Habitat 2016

Cherokee folks enjoyed a morning together installing landscaping and a rain garden for new Habitat homeowners in a North Minneapolis neighborhood. It turned out to be a much smaller project than we had been lead to expect, and the installation day was expected to be very hot. We were grateful for the cloudy morning skies, and we finished mid-morning before the worst heat of the day. As we finished, the master gardeners on the project were teaching the sons how to mow, and the mom how to water her new plants.

Caring Ministries is Here for You

You may think of the Caring Ministries Team as the "food people". It is true, one of our most important roles is to provide meals for members in times of stress or life changes. We also coordinate the annual Christmas dinner, summer picnic, and Gathering Meals. But, we are about more than food. We are about assuring that our members receive community and spiritual care. If we know a member is ill, has experienced a life change or is in need of any type of support we reach out. But, we need help to let us know who is in this situation. Please let the pastor or any member of the Caring Ministries Team know if anyone would benefit from a visit, a call, or our prayers. We have also provided request cards in the pews, which can be filled out and placed in the box on the guest sign-in table in the entry. All requests are confidential within the team and the pastor.

Caring Ministries Team: Phyllis Andrews, Mike Bates, Gina DeNardo, Karolyn Gilbertson Kleingartner, Renee Pfenning, Karen Shatek

Capital View Park Art Event

Saturday, July 23



Share that great smile with visitors coming through our doors at this new one-day art event, (which takes the place of Art on the Avenue this year.)

The central point of this network of art is the Capitol View Park at the top of the High Bridge. Artists displaying and selling work at CPUC are Deb Freytag and Ellen Goodin.

Volunteers are needed to greet and serve light refreshments from 2 to 8 p.m. in two-hour shifts. The Parent Room and nearby classroom will be used. This is organized by the Outreach Ministry members, but most of them are out of town this weekend, so they are much in need of your help. Also, if you have an idea of something we could do to specifically engage children, let us know. We do have sidewalk chalk supplies available.

Please contact Jill at
jilljacksonmn@comcast.net
651-224-9209



Council Corner from Jill Jackson

Council discussions continue to focus on the hopes and goals for our time with Interim Pastor Joy Smith. We look forward to her sharing her gifts with us and for the journey we'll take together as we discern our future as a family of faith. Flexibility, honesty, kindness, humor, and God's grace will be valuable as we get started this summer. We are grateful for the Interim Search Committee, which will transition into a support team for Pastor Joy. To help Pastor Joy learn our names, everyone is encouraged to wear their name-tags at church the next few months. Thank you for your help and prayers in all these matters.

Relationships are cherished at Cherokee Park United. We are grateful for the deepening, inclusive, and supportive connections we experienced during our months without full-time pastoral leadership. So many people stepped-up to do jobs that needed to be done. From the communications to the building calendar, we appreciate every effort. A big "thank you" to Glen Harrington-Hall for his pastoral care and administrative work the past few months. We're also grateful for all who provided worship leadership for us. We are a very blessed congregation.

2016 Parish Council

Top L-R: Jerome Graf, Okogyeamon, Karolyn Gilbertson Kleingartner, Glen Harrington-Hall, Andy George. Bottom L-R: Mary Murphy, Karen Shatek, Diane Spicer, Jill Jackson, Joanne Sylvander, (not pictured: Karen Hyers)



Herb Perkins/Okogyeamon to be Ordained July 31

The ordination service will be at CPUC and will involve conference and CPUC representatives as well as guests that Okogyeamon will invite, and is open to the public. Many of our members will take part in preparing for and celebrating this wonderful service of blessing and charge. Rev. Tim Johnson will be preaching, as requested by Okogyeamon, and will do so as a minister with standing in the MN Conference.

This is the formal beginning of Okogyeamon's ministry, which of course has been evident all along, but is now recognized as a ministry being carried on with the authority of and accountable to CPUC and the MN Conference. For a wonderful interview of Okogyeamon on YouTube (from 2012), see

<https://www.youtube.com/watch?v=pV5kvc0EKDY>



Congratulations, Okogyeamon!

Communion Envelope Emergency Relief

Your offering envelopes contain a number marked as "Communion". Any funds contributed this way are designated as our emergency fund, distributed by the pastor when requests are made. Presently there is a zero balance in this fund, so anything you might contribute will be greatly appreciated. Funds have been shared with both members and non-members and have truly pulled individuals and families out of very bad financial situations in times of unanticipated medical bills, unemployment, etc. Checks written to CPUC are tax-deductible.



Liddle Missionaries on their Way

Our friends Tom, Monica, Hannah, and Simon Liddle left on June 15 for their commitment to the people of East Timor in service of God's global mission. We will let you know how to find their blog when it is up so you can follow their progress, or you can also request to friend Monica on Facebook. Our congregation has pledged financial support for this and coming years; Global Ministries (UCC) reports that so far, funding, averaging 136 K per year, has been raised to cover this year, and 50% of the three years after that. 50K has been provided by the Minnesota Conference and the remainder by 13 church and 61 households. An interview with Tom can be found at http://www.globalministries.org/tom_liddle

Backpack Survival



Member Karen Shatek, and her grandchildren Jessica and Asher, have been serving homeless people, encountered on our city streets, by handing out backpacks full of survival items. If you visit garage sales, could you watch for used but serviceable, **adult backpacks** for her ministry? (New packs are not used as they are more likely to be noticed and stolen.) In the past few years about 50 packs have been given out.

Inside the packs Karen includes this amazing assortment: a regular size jar of peanut butter, box of breakfast or granola bars (a soft kind as homeless people often have problem teeth), beef jerky (can be sucked so no tooth problem), tuna/cracker packets, four-pack of chocolate pudding, a metal fork and metal spoon in a plastic bag, washcloth, bottle of water, reusable plastic or metal water bottle, chapstick, tube of creamy Vaseline, toothbrush and toothpaste, ibuprofen, antiperspirant/deodorant, small hand sanitizer, two pair of socks, stocking or fleece cap, light or heavy gloves, lightweight jacket. In winter she keeps a supply of heavy jackets in her trunk that are also offered. Shampoo or other liquids are not desired as the bottles open or break and spread over the other contents. Packs given to women include feminine hygiene products. Also included is a booklet listing organizations that can help with their health and safety and how they can be reached.

If you have any items to contribute, they are most welcome, with the highest priority being the used backpacks.



More Fun for Young (at Heart)

Those interested in reviewing the birdcalls we heard at the June Family Event, can check out this great DNR website that shows bird pictures, which you can click on to hear their calls.

http://www.dnr.state.mn.us/mcvmagazine/bird_songs_interactive/index.html



Diving Into Retirement

Tim and Michele enjoy hitting the water with their new kayaks, a retirement gift from friends at CPUC. They want the congregation to know how grateful they are for the kindness and generosity shown.



Recipes from Pastor Tim's "Just Desserts" Party

from Winnie Williams (CPUC cooks who care and share)

Hot Fudge Sauce: Melt together: 1 generous cup chocolate chips (we have been known to use as much as 12 ounces) and 1 stick melted butter Then add: 2 C powdered sugar and 1 can evaporated milk. Cook over medium heat stirring frequently; once boiling, stir and cook for 8 minutes. Remove from heat, and add 1 tsp vanilla. Keeps for weeks if tightly covered. We usually store it in a canning jar for easy reheating.

Salted Caramel Topping: Place 1 cup white sugar in a heavy-bottomed saucepan over medium-high heat. Stir continuously until sugar begins to melt. Continue stirring until the sugar melts completely, begins to darken and all the chunks are dissolved, about 10 minutes. Stop stirring and continue to cook until the sugar begins to smoke and turns a dark shade of amber, 3 to 8 minutes. Remove from heat and wait 30 seconds. Whisk in 5 tablespoons butter until melted and combined. Slowly pour in 1/2 cup plus 1 tablespoon heavy whipping cream, taking care because it can bubble over. Sprinkle in one pinch sea salt and stir to combine. Transfer sauce to a jar and cool completely before refrigerating.

Growing Westside

Food preservation classes will be held this summer and fall in our kitchen or at Casa Guadalupana. The eight classes are offered to teach how to continue the blessing of the harvest throughout the year. Remaining classes at CPUC are on Tuesdays, August 2, 7:00-9:00 p.m. (drying fruits and vegetables with teacher Jim Lovestar), August 30, 6:00-8:00 p.m. (canning salsa and tomatoes with teacher Helen Sullinger), and September 27, 6:00-8:00 p.m. (applesauce and cider with teacher Nina Beck-Jones). These are hands on classes from which you will take away both new knowledge and food you've preserved yourself. Class sizes are limited: to sign up email maureen@growingwestside.com.

See www.growingwestside.com for many more opportunities .



West Side Farmers' Market - Open Saturdays from June 4 through mid-October, Icy Cup parking lot, 63 George St. W., 8:30 a.m. - 12:30 p.m.

Wind Chimes Remind

If you hear the small wind chimes in the Burning Bush tree outside the side door, it's a reminder to think of the Folkers Barnett family who moved last month to North Carolina. The tree was planted near the side door by Jen, as one of her last landscape efforts, to beautify our church grounds. Their new church family will be blessed by their talents and spirit.



Adult Forum

Will resume in September.



Concert

Tuesday, August 9, 7:30 p.m.

This musical event is sponsored by the Outreach Ministry through a connection with a new member, Kristyn Aaslyn. The group is a modern mix of woodwinds, brass, piano and voice. Light refreshments will be served; suggested donation \$10. More details will be provided in Sunday bulletins and the August newsletter.



Little Free Library Children's Books Needed

There is a blue plastic bin under the coat rack near the Parent Room for any books you might want to donate; **children's books especially needed.**

Save Our Earth's Resources

If you find it "on", please turn it "off."

If you are in the church building and find lights on anywhere, please turn them off when you leave, even if others are in the building. We have been finding them on days after events. Also, the fans in the sanctuary ceiling cool people, not spaces, so please turn them off also - the slider switch is to the left after entering the church office door. The fans in the nursery and fellowship hall remain on during the humid summer months.

Deadline for articles is the 20th of the month; please submit articles, ideas or feedback to editor Susan Strebog at kellystrebog@comcast.net or 651-457-1404.

The newsletter team also consists of copyeditor Sara Strebog Pedersen, collate/mail teams Phyllis & Cal Clark, Stefan Sylvander & Kathy Bergthold.

Anniversary Dinner Prep

...our "flower girls" arranging centerpieces.



Cherokee Park United Church

United Church of Christ/Presbyterian Church (U.S.A.)

Open & Affirming, Multicultural, Antiracist

651-227-4275

cpuc@usfamily.net

cherokeeparkunited.org

371 W. Baker Street

St. Paul, MN 55107

Summer Sunday Worship - 9:30 a.m.

(Fall-Spring worship 10:15 a.m.)

Interim pastor - Rev. Joy Smith

Abe Hunter, Director of Music Ministries

Rebecca Knott - Nursery Supervisor

Andrew Gbaa - Custodian

*Gardening is cheaper than therapy
and you get tomatoes.*